

Preview Content











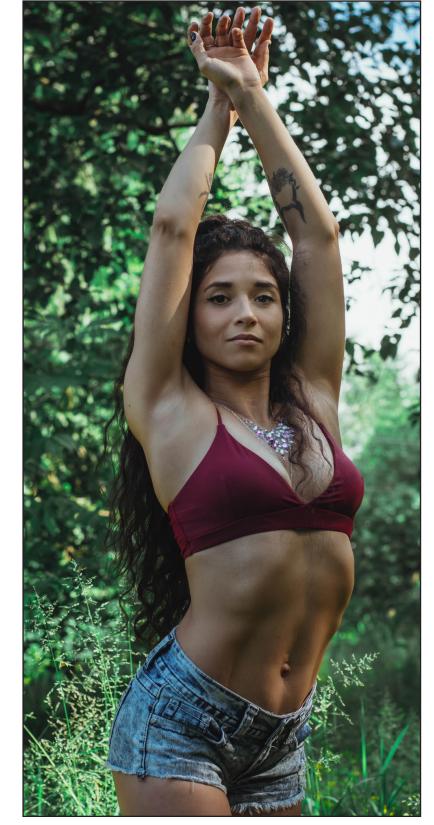


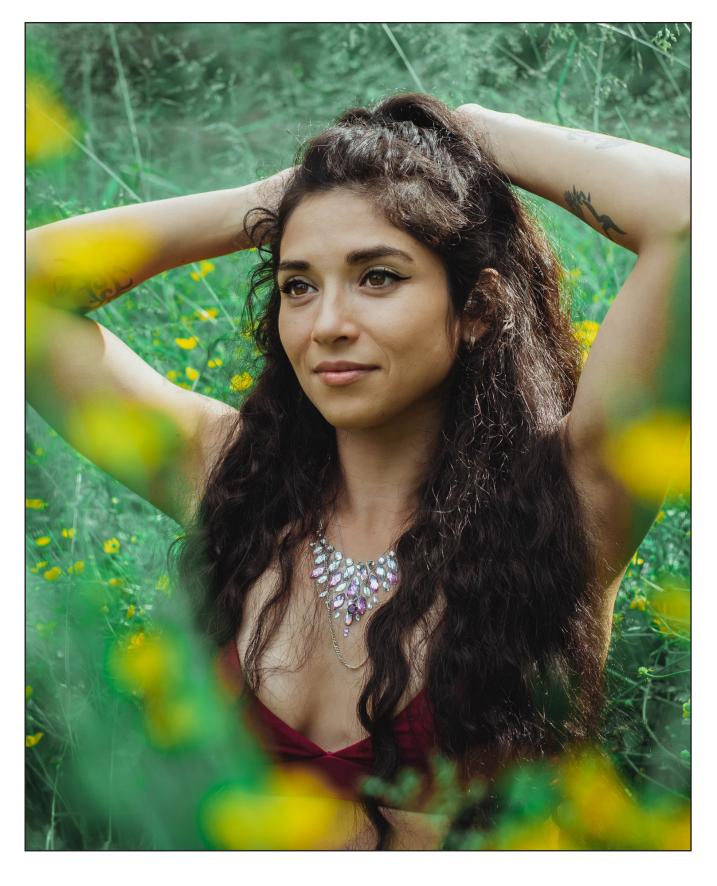


My journey started about 3 years ago. I got a job at a local gym with zero knowledge of anything fitness or health! I slowly started learning about it but still wasn't very interested in it until a year after, I had just got out of a relationship and was in a very depressed state, was barely eating, barely doing anything and one day I weighed myself and my weight came up to around 92-95lbs which was the lowest I've ever been! That's when I knew it was time for a change! I began to follow fitness competitors on social media, visited my local supplement store and started learning and doing research and learning the equipments etc. Throughout all of this I became friends on social media with a few trainers and would ask about their workouts or what was the purpose of them and how I could do them and implement them into my life ... I began to eat lots! Steak and eggs and rice for breakfast! Mass gainers in between meals ...all that good

It was hard to eat so much at times as my body couldn't ingest it so I'd have to almost force myself to eat as I knew it was what my body needed in order to gain healthy weight... started working out about 5 days a week. Was blessed by having a couple friends who were trainers and would give me some programs to try out and learn about. As time went on I became more confident on myself, I'm how my body look but more specific how my naked body looked as that was always a struggle and felt self conscious about my naked body, which is why I wouldn't even wear a bikini... but that all changed! I grew! I gained weight and confidence... enough confidence to find a coach to train me to compete as a bikini athlete. I trained during the pandemic and placed 3rd on my very first show on both my categories that I had signed up for. It was the only show that happened in Bc I believe .. I might be wrong but it was an amazing experience and I'm still hooked! Still learning, embracing all the ups and downs that come with this lifestyle. Learning about health and fitness and the human body has been amazing. At this point I plan to get to an IFBBPRO level and currently working towards a nutrition coach certification and after that the goal is to become a trainer! But there's no limit to my dreams and hopes for my future <3

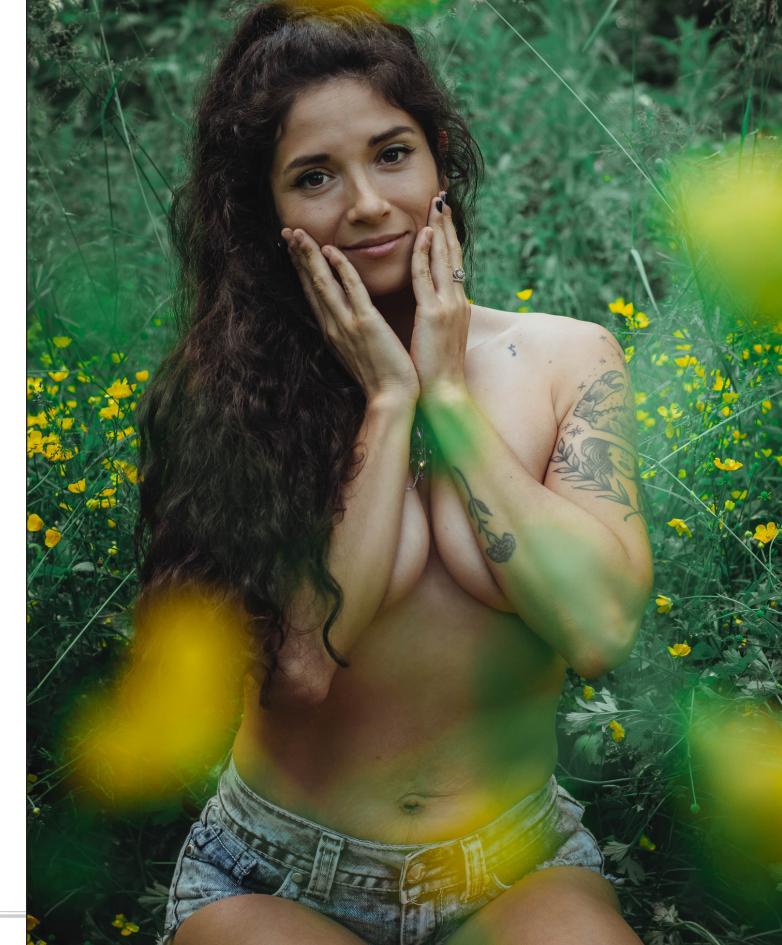
Photographers Credits: Ally Bianca













I don't believe in bucket lists. From a very young age I have realized how short life can be so I literally live every day like it's my last... because it very well could be. My dream has always been to live in Florida, with my family and wake up smiling every day. I moved to the Gulf Coast last year and haven't regretted one minute of it. I am surrounded by family, friends and an extremely rewarding life. I am spending my life with my partner, Chad who is also my best friend. Together we have 5 amazing kids and a passion for doing the next right thing. I graduated from high school at the

age of 16, went on to earn 3 college degrees, become a published model, author and also have my minister's license (primarily so I can perform weddings for my friends ). I have worked in sales/sales management for the last 15 years and am in an industry that is full of the best people on the planet. If I were to change anything about this life, it would be to have the ability of living some moments twice.

Photographers Credits: Kelly Schneider











Hello, I'm Kell Ale Tha Model (Kellz), I'm originally from Boston, Massachusetts. I am based out of Raleigh,NC/ Pinehurst, North Carolina and Jackson, TN. I resided in Orlando,FL up until October before relocating to Los Angeles California. I'm a model/actress that has been working in this profession for approximately 10 years. As a travel model I love all styles of modeling from Runway to Print modeling. When it comes to being photographed or being on set, I'm a model that listen and take direction very well. I also thinks outside the box and love to show my creativity and artistic side. I'm open to bikini, boudoir, lingerie, hip-hop, fashion, glam, editorial, and a host of other photography. As a model my work doesn't just include photo

shoots, I have been involved in other projects such as music videos, radio, movies, and sheer appearances. When I'm not modeling I enjoy photography which I have being doing photography professionally for over 4 years now. I also enjoy working with music; creating beats, writing lyrics, and developing songs. Please feel free to contact me



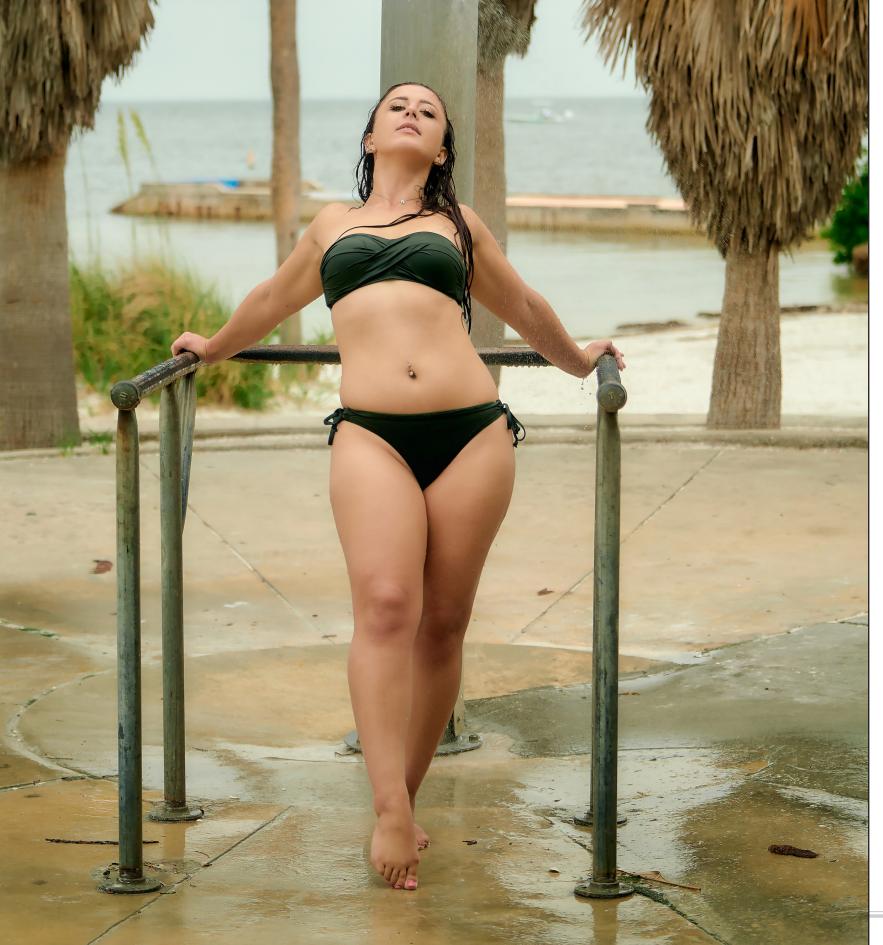








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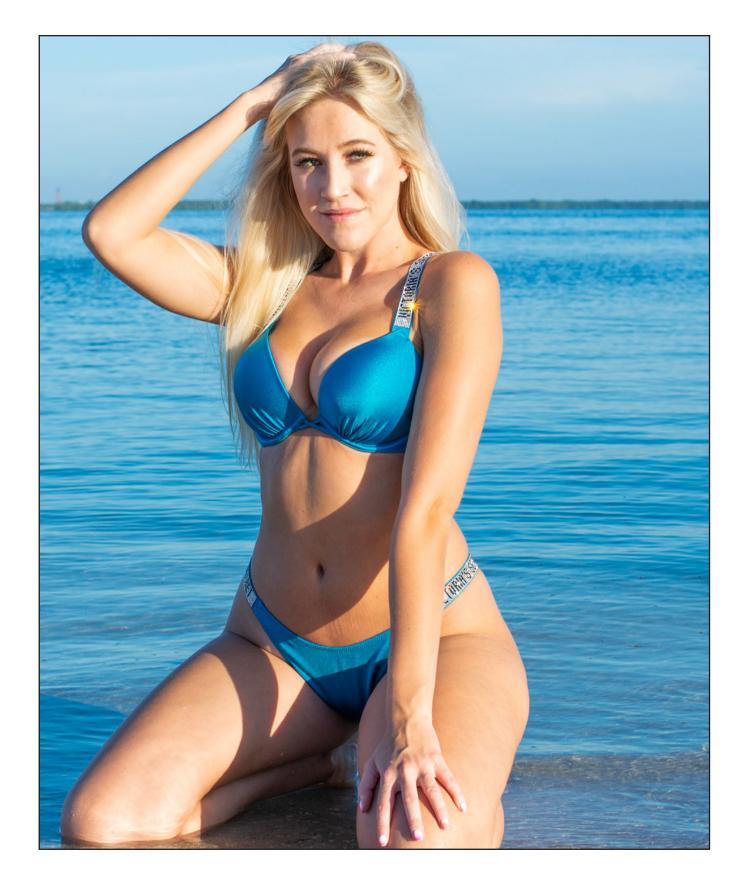




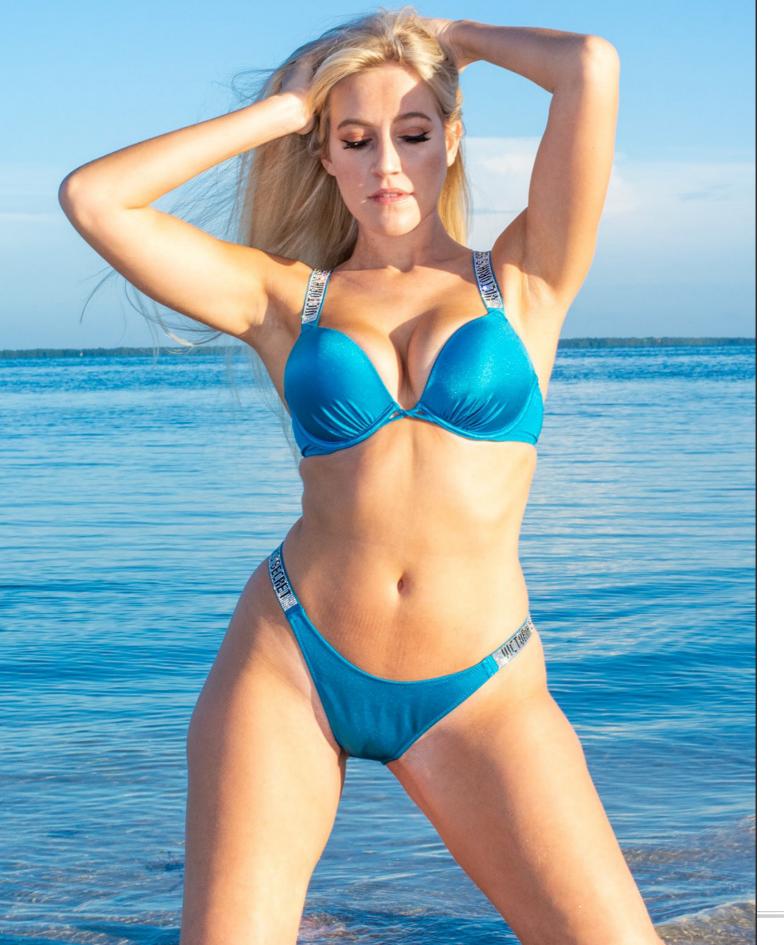




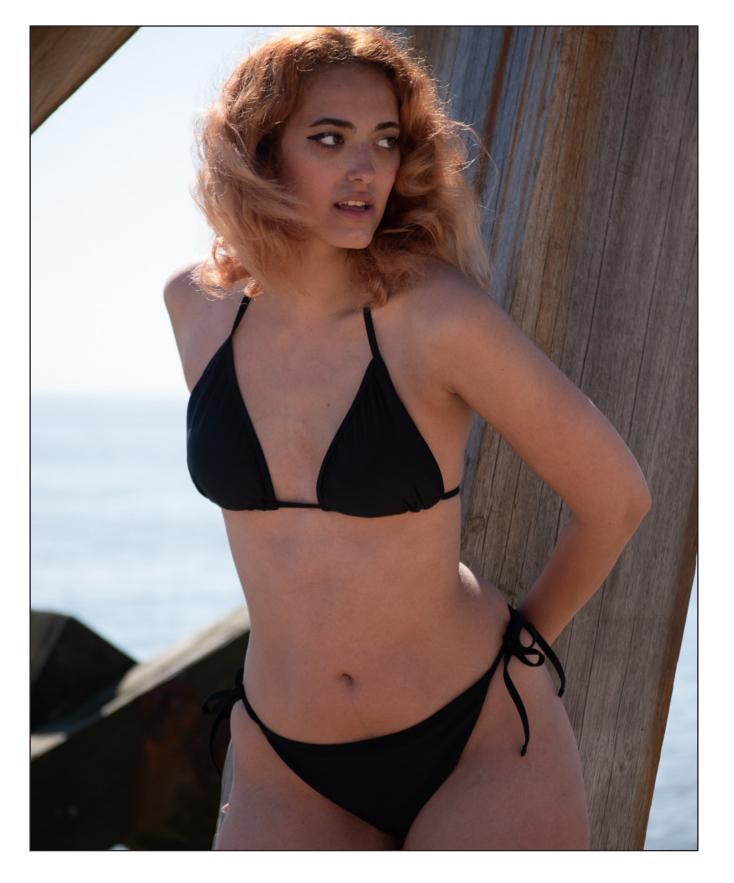












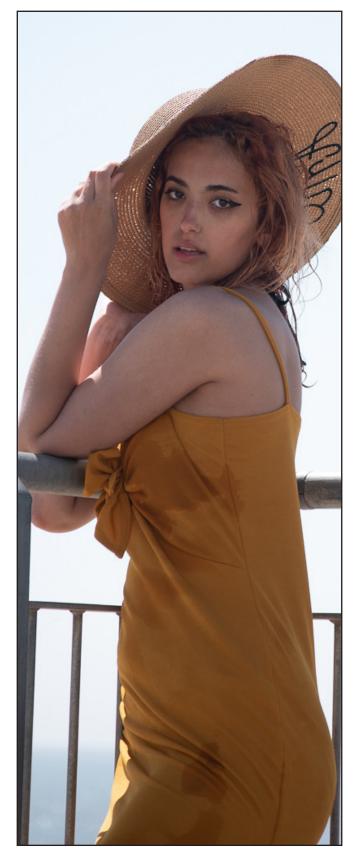




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Cześć nazywam Paulina spełniłam swoje największe marzenie czyli zostać modelką i aktorką. Jestem juz aż 2 lata i narazie nic nie wskazuje żebym zrezygnowała. Na instagramie pojawiłam się około rok temu jako modelka I aktorka. W sesja zdjęciowym i jak w nagraniach teledysków i seriali/filmów pojawiłam się nie co później. I pewnie teraz zadacie cobie pytanie czyli kiedy? Już wam mówię jakoś 8 miesięcy temu . To była najlepsza decyzją w moim życiu dużo przygód i jak nabieranie doświadczeń w modelingu i jak w aktorstwie. Ale sesji plenerowej pojawiłam się nie co wcześniej... czyli jak zaczęłam swoją pierwszą sesję zdjęciową plenerową. Mam nadzieję że przeczytaliście to i nie boicie się spełniać swoich marzeń





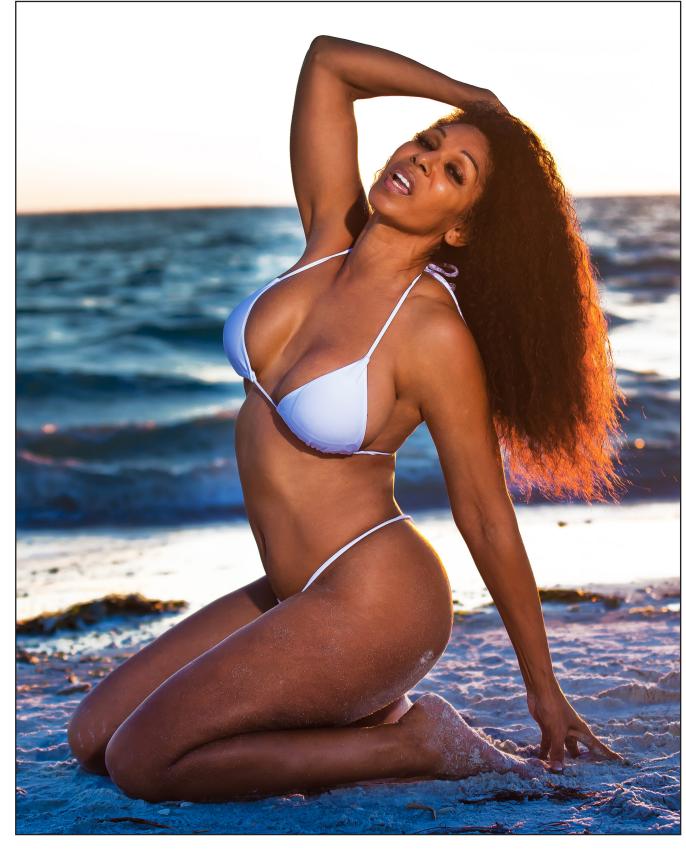


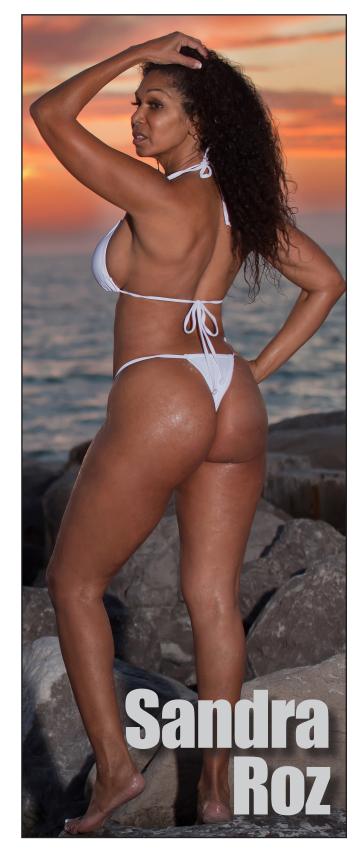




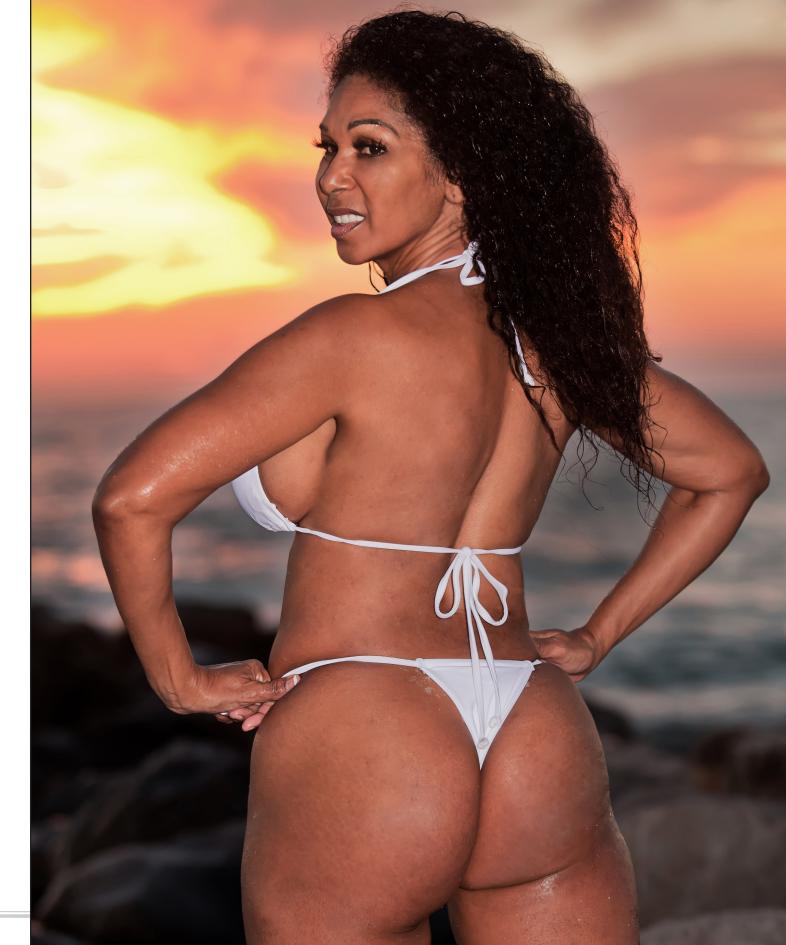






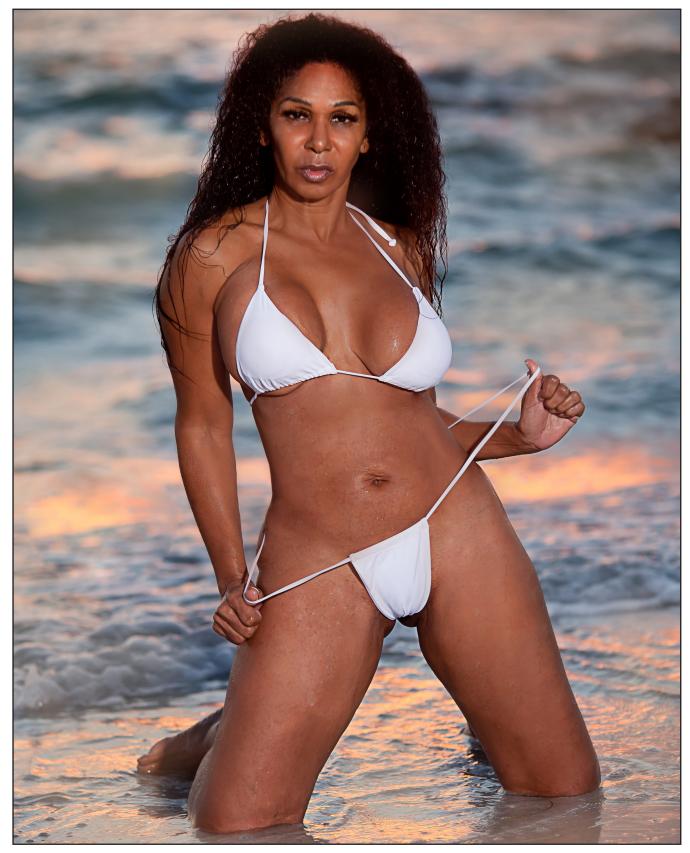


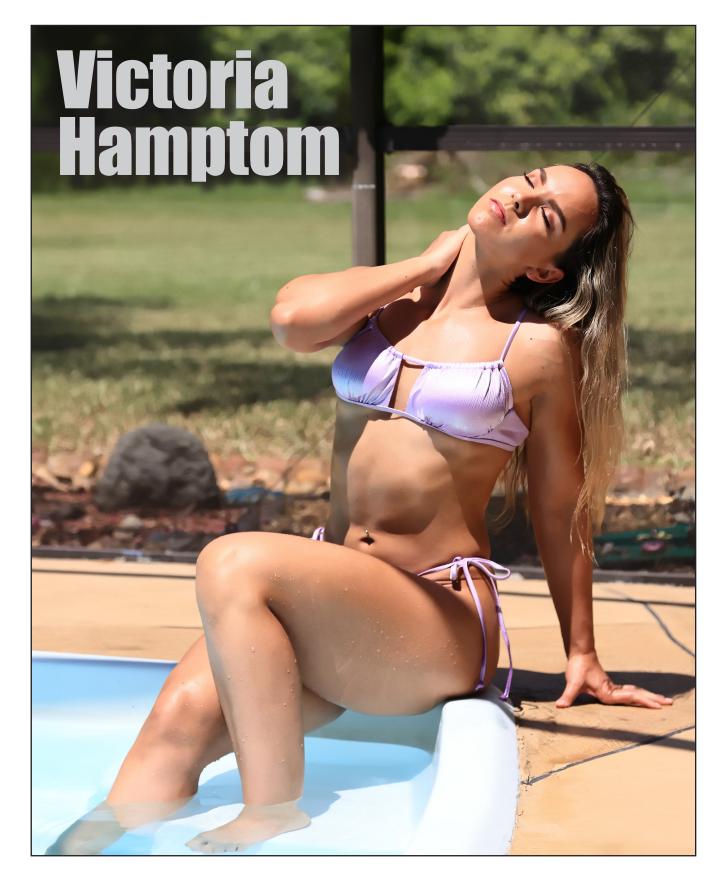


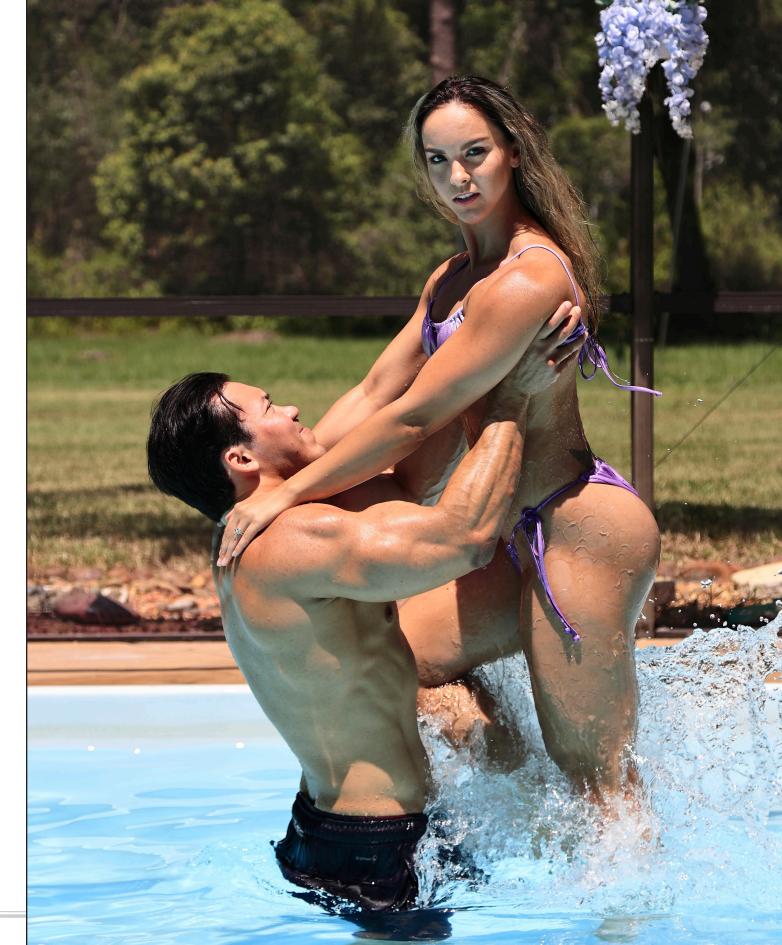




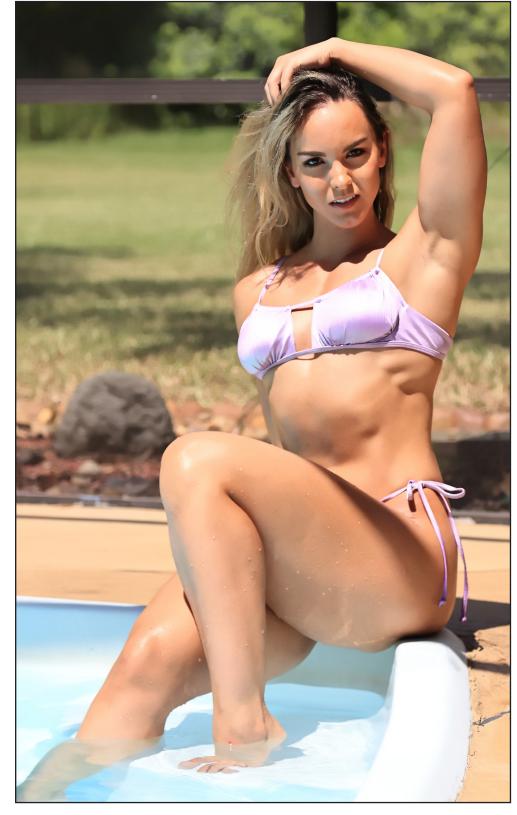


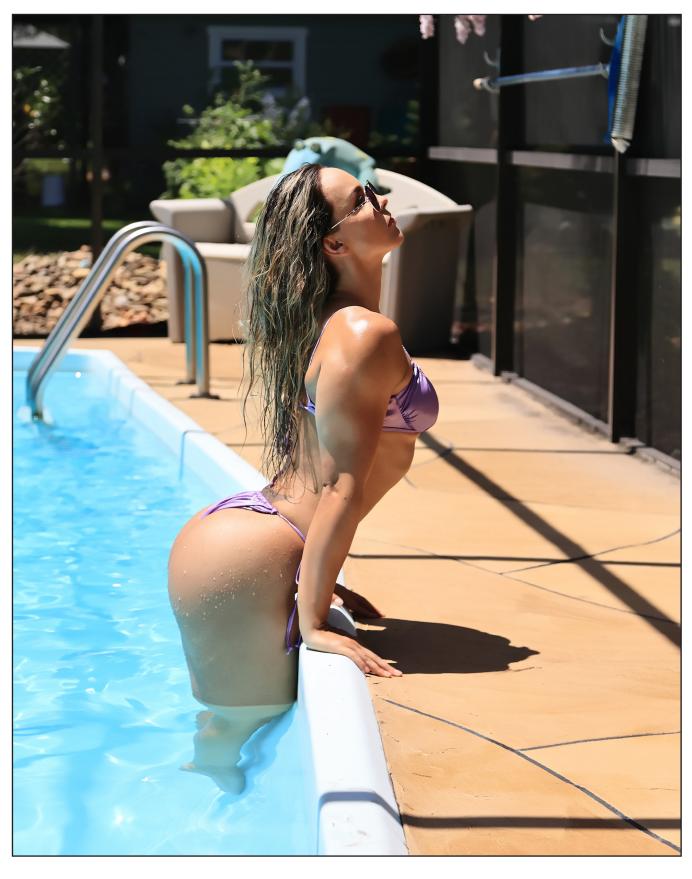


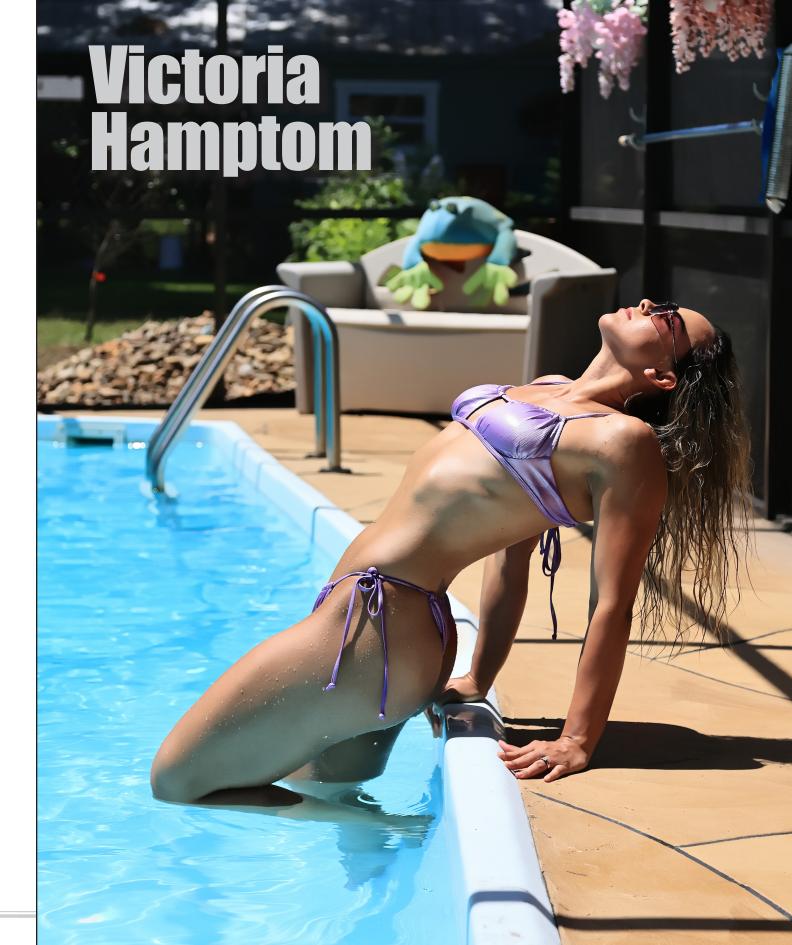














I am a part time fitness model, with my lovely husband, with a passion for eating pizza and bodybuilding. My goal in the fitness industry is to network with other professionals, gain more knowledge, create, and inspire others to pursue their dreams. This year, I will be competing for my first time in NPC bodybuilding in the Wellness category. It would be a dream to become

